

EDUCATION

Pepperdine University, Graduate School of Education and Psychology *June 2024*
Master of Arts in Clinical Psychology • Concentration: Marriage and Family Therapy

University of Hawaii at Manoa *September 2011*
Master of Early Childhood Education

Humboldt State University *May 2008*
Bachelor in Early Child Development

PROFESSIONAL ORGANIZATIONS

- Children and Adults with Attention-Deficit/ Hyperactivity Disorder (CHADD) *September 2024- Present*
- California Association of Marriage and Family Therapists (CAMFT) *May 2021 – Present*
- San-Gabriel Valley CAMFT (SGV-CAMFT) *May 2021 – Present*
- Los Angeles CAMFT (LA-CAMFT) *July 2021 – Present*
- Glendale Area Mental Health Professional Association (GAMPHA) *November 2023 – Present*

PUBLICATIONS

Author

- Kaller, E. (2024, November-December). The therapeutic challenges of sensory modulation and ADHD in women. *The Therapist*, pp. 6-9

PsychedAbout Co-host

2022 – 2024

- Initiated in-depth discussion on psychology topics in audio format that involved thorough research with attention to detail, as well as interviews with leaders in the field of psychology.

TRAININGS

- *Changing the ADHD Brain: Moving Beyond Medication* *December 18, 2024*
- *ADHD Meets “Aging”: ADHD and Cognitive Decline* *November 14, 2024*
- *Differential Diagnosis: ADHD, Autism, Mood Disorders, and Borderline Personality Disorder* *November 14, 2024*
- *ADHD Couples Therapy From The Inside Out* *November 15, 2024*
- *Evolution of Psychotherapy Conference* *December 12-17, 2023*
- *International Cultic Studies Association Conference (ICSA)* *June 29- July 1, 2023*
- *California Marriage and Family Therapists (CAMFT) Annual Conference* *May 5-6, 2023*
- *Internal Family Systems: A Practice of Self-Compassion* with Sayun Scotton, MA., LMFT *September 16, 2022*
- *Implicit Bias In The Body: A Sensorimotor Psychotherapy Investigation of the White Cultural Paradigm* with Pat Ogden, Ph.D *October 18, 2021*
- *Working with Trauma and the Body* with Cristina Mardirossian, LMFT *September 19, 2021*
- *Managing Mood with Mindfulness: Integrating Mindfulness with Psychotherapy* with Peter Levine *August 14, 2021*
- *Adverse Childhood Experiences (ACES): Regulating the Stress Response for Kids* with Dr. Dayna Long, Dr. Hillary Bowers & Dr. Pradeep Gidwani *August 26, 2020*

RELEVANT EXPERIENCE

Associate Marriage and Family Therapist

July 2024 - present

Baird Integrated Therapy • Hybrid

- Specialized in therapy for individuals, couples and families with ADHD and related mental health challenges through a comprehensive and holistic approach to care.

Associate Marriage and Family Therapist

July 2024 - present

Natasha Morisawa Marriage and Family Therapy • Hybrid

- Provided individual and family therapy to at-risk and high-needs populations, utilizing a strengths-based approach grounded in developmental theory and family systems.

Secretary, Board Member

July 2024 - present

San Gabriel Valley Association for Mental Health Professional • Hybrid

- Supported documentation, organization, and communication of meetings and other communications as board secretary, while coordinating with other board members to facilitate organization marketing and membership events.

Marriage and Family Therapist Trainee

July 2023 - August 2024

The Place Within • Hybrid

- Built and sustained strong therapeutic rapport with clients while providing therapy that was guided by planning, interventions, and systems-based, trauma-informed, narrative theory that met the needs of each client and designed to meet individual therapeutic goals.

Graduate Writing Consultant

2022- 2024

Pepperdine University • Malibu (virtual), CA

- Implemented strong interpersonal skills in the support of graduate students from culturally diverse backgrounds in the prioritization and identification of higher-order concerns in writing; supported students working on social justice initiatives including a grant proposal for trauma-informed trainings of immigration lawyers, resume and cover letter for social justice leadership, and a literature review about LGBTQ+ suicidality risk.

Founder & Teacher

2019 –2021

Friends Homeschool Preschool • Pasadena, CA

- Coordinated and executed individual education, support services, and open-ended learning opportunities to children from culturally diverse families; supported healthy boundaries, respected confidentiality, and implemented active listening with children and family survivors of adverse childhood experiences and trauma.

Assistant Director and Lead Teacher

2013 –2015

Trinity Baptist Children's Center • Santa Monica, CA

- Supported a team of six professional caregivers to provide respectful, responsive, developmentally appropriate care for infants and toddlers.